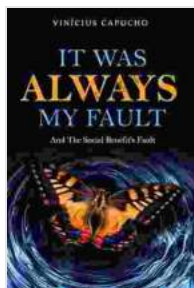


It Was Always My Fault: A Memoir of Radical Survival and Resilience

In her unflinchingly honest and deeply moving memoir, *It Was Always My Fault*, author and activist Anya Bernstein recounts her harrowing journey of overcoming childhood abuse, neglect, and trauma to find healing and empowerment.

Bernstein's story begins in a small town in New England, where she was raised by a volatile and abusive mother. From a young age, she was subjected to physical, emotional, and sexual abuse, as well as extreme neglect. She was often left alone for days at a time, without food or water, and was forced to fend for herself from a very young age.



It Was Always My Fault: And The Social Benefit's Fault

by Vinicius Capucho

★★★★☆ 4.5 out of 5

Language : English
Paperback : 32 pages
Item Weight : 1.73 ounces
Dimensions : 5.5 x 0.08 x 8.5 inches
File size : 618 KB
Text-to-Speech : Enabled
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Enhanced typesetting : Enabled
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Despite the horrific circumstances of her childhood, Bernstein never gave up hope. She found solace in books and writing, and she dreamed of a better future. At the age of 16, she ran away from home and began a new life in New York City.

In New York, Bernstein faced new challenges, but she was also able to find support and healing. She enrolled in therapy, joined support groups, and began to confront the demons of her past. Slowly but surely, she began to rebuild her life and find her voice.

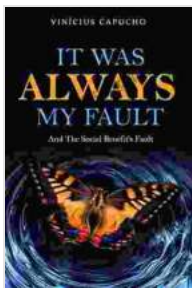
Today, Bernstein is a successful writer, speaker, and activist. She has dedicated her life to helping others who have experienced trauma and abuse. Her memoir, *It Was Always My Fault*, is a powerful testament to the human spirit's ability to overcome adversity and find healing.

In this raw and unflinching account, Bernstein shares her story with courage and compassion. She writes about the darkest moments of her life, but she also shows how she found the strength to survive and thrive.

It Was Always My Fault is a must-read for anyone who has experienced trauma or abuse. It is a story of hope, resilience, and the power of the human spirit.



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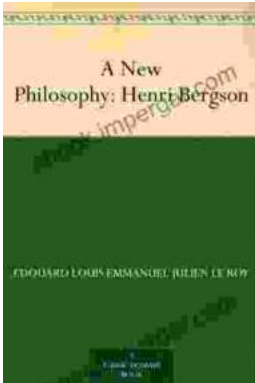
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