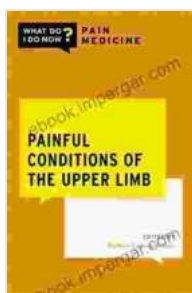


Painful Conditions of the Upper Limb: What to Do Now

Painful conditions of the upper limb can be debilitating, but there are effective treatments available. This article provides an overview of the most common painful conditions of the upper limb, their symptoms, and treatment options.

Common Painful Conditions of the Upper Limb

The upper limb includes the shoulder, arm, elbow, forearm, wrist, and hand. Pain in any of these areas can be caused by a variety of conditions, including:



Painful Conditions of the Upper Limb (What Do I Do Now Pain Medicine)

★★★★★ 5 out of 5

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Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 185 pages
Lending : Enabled



* Arthritis * Carpal tunnel syndrome * Tennis elbow * Golfer's elbow * Rotator cuff tear * Frozen shoulder * Trigger finger * Nerve pain * Muscle pain

Symptoms of Painful Conditions of the Upper Limb

The symptoms of painful conditions of the upper limb can vary depending on the underlying cause. Common symptoms include:

* Pain * Stiffness * Swelling * Numbness * Tingling * Weakness * Loss of range of motion

Treatment Options for Painful Conditions of the Upper Limb

The treatment options for painful conditions of the upper limb will vary depending on the underlying cause. Common treatment options include:

* Medication * Physical therapy * Occupational therapy * Surgery

When to See a Doctor

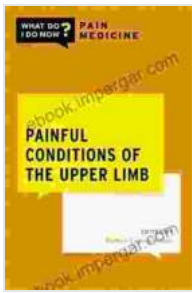
It is important to see a doctor if you have any of the following symptoms:

* Severe pain * Pain that does not improve with home treatment * Pain that is accompanied by swelling, redness, or warmth * Pain that is accompanied by numbness or tingling * Weakness * Loss of range of motion

Painful conditions of the upper limb can be debilitating, but there are effective treatments available. If you are experiencing any of the symptoms of a painful condition of the upper limb, it is important to see a doctor for diagnosis and treatment.

Additional Resources

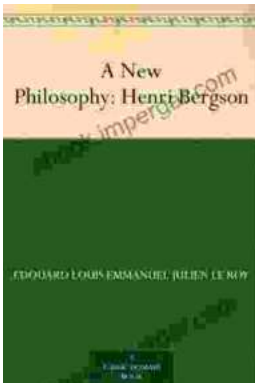
* Mayo Clinic: Upper Limb Pain * WebMD: Upper Limb Pain * Johns Hopkins Medicine: Upper Limb Pain



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